



100 PLUM VILLAGE & BEYOND

SONGS

IN ENGLISH & GERMAN & SO ON

**FUNCTIONAL HARMONY**

| 4      6<sub>m</sub>    | 2<sub>m</sub>    4    |

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# 16 breathing exercises

(-)

Form: AA D V

CC D V

BC D V

BB D V

**A**  
4/4

<b>1<sub>m</sub></b>	<b>b6</b>	<b>  b7</b>	<b>  1<sub>m</sub></b>	<b> </b>
<b>  b6</b>	<b>  b7</b>	<b>  1<sub>m</sub></b>	<b> </b>	<b>∕</b>

**B**

<b>1<sub>m</sub></b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b> </b>	<b>∕</b>	<b>  </b>
----------------------	-----------	------------------------	-------------	-----------	------------------------	----------	----------	-----------

**C**

<b>1<sub>m</sub></b>	<b>b7</b>	<b>  b3</b>	<b>  b6</b>	<b>b7</b>	<b>  b3</b>	<b> </b>	<b>∕</b>	<b>  </b>
----------------------	-----------	-------------	-------------	-----------	-------------	----------	----------	-----------

**D**

<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b>  b6</b>	<b>b7</b>	<b>  b3</b>	<b> </b>	<b>∕</b>	<b> </b>
<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b>  </b>		

**V**

<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b>  b6</b>	<b>b7</b>	<b>  b3</b>	<b> </b>		
<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b>  b6</b>	<b>b7</b>	<b>  1<sub>m</sub></b>	<b> </b>	<b>∕</b>	<b>  </b>

May I ...

# Adieu , adieu

(-)

$\frac{4}{4}$  || 1

| 2<sub>m</sub>

| 4

| 5

||

all in my heart . The sun the sun it shines ...

Form : AAB AAB

(-)

|| 1 1<sub>/5</sub> | ∙/∞ 1<sub>/5</sub> | 1 1<sub>/5</sub> | 1 1<sub>/5</sub> ||

**A** { 1 1<sub>/5</sub> | ∙/∞ 1<sub>/5</sub> | 1 1<sub>/5</sub> | 1 6<sub>m</sub> |  
 | 4 | 1 | 4 5 | 1 }

**B** || 4 | 1 | 4 | 1 |  
 | 4 | 1 6<sub>m</sub> | 2<sub>m</sub> 5 | 1 ||

2nd time jump to coda

{ 2<sub>m</sub> 5 | 1 }

# Alone Again / Recommendation

(-)

		$\frac{4}{4}$	1	4	1
<b>A</b>	3 <sub>m</sub>	4	1	∅	
	3 <sub>m</sub>	4	5	6 <sub>m</sub>	
	3 <sub>m</sub>	4	1	2	
	∅	5		1	}
∅	5	∅	1	4	
Outro	1	4	1		

# And When I Rise

(-)

$\frac{4}{4}$  1 | 3<sub>m</sub> | 4 | 1 | )

# Arrived. Arrived

(Ballad)

(W Thích Nhất Hạnh/M Unknown)

4/4 || 1 5 | 2<sub>m</sub> 6<sub>m</sub> | 1 | 6<sub>m</sub> 5 |

| 6<sub>m</sub> 5 | 1 | 4 6<sub>m</sub> | 2<sub>m</sub> 4 |

| 5 1 | ∴ ||

# Außerhalb von richtig oder falsch

(Ballad)

$\frac{4}{4}$	<b>1</b>		$6_m$		<b>4</b>		<b>5</b>		
	<b>1</b>		$6_m$	$\frac{6_m}{5}$		<b>4</b>		<b>5</b>	

# Being an Island

(Thích Nhất Hạnh / Betsy Rose)

(Ballad)

4/4  
B

1 5 | 1 )

2<sub>m</sub> | 5 | 2<sub>m</sub> 5 1 |

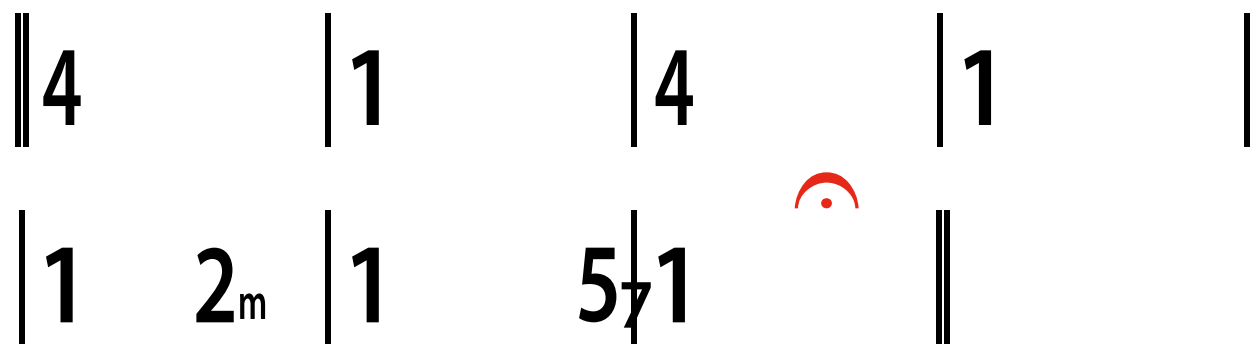
6<sub>m</sub> | 4 | 2<sub>m</sub> | 5 7 |

1. | 1 | % )

2. | 4 | 5 | 1 ||

# Beyond ideas of right and wrong doing

(-)



# Breathe and You Know / Atme, du lebst! /

(Ballad)

**A**

$\frac{4}{4}$  || 1 2<sub>m</sub> | 5<sub>7</sub> 1 | 6<sub>m</sub> 2<sub>m</sub> | 5<sub>7</sub> 1 |

| 1 2<sub>m</sub> | 5<sub>7</sub> 1 | 6<sub>m</sub> 2<sub>m</sub> | 5<sub>7</sub> 1 ||

**B**

|| 6<sub>m</sub> | 2<sub>m</sub> | 5<sub>7</sub> | 1 5<sub>7</sub> 1 ||

# Breathing and Walking . Let the buddha breathe ...

(-)

**4** **3<sub>m</sub>** | **2** **5**  
Let the Budd. breathe.

**3<sub>m</sub>** | **2** **5**  
Let the Budd. walk.

**1** | **3<sub>m</sub>**  
I dont have to breathe.

**1** **3<sub>m</sub>** | **2**  
I dont have to walk.

**1** **3<sub>m</sub>** | **2** **5**  
OUTRO Breathing....

**1** **3<sub>m</sub>** | **2** **5**  
Sitting....

**1** **3<sub>m</sub>** | **2** **5**  
Working....

**1** **3<sub>m</sub>** | **2** **5**  
Breathing...



# The Circle Song

(-)

$\frac{4}{4}$  || 1 4 | 1 6<sub>m7</sub> | 4 | 5<sub>7</sub> |  
| 4 | 6<sub>m</sub> | 2<sub>m</sub> 5<sub>7</sub> | 1 ||

# come and sit

(Ballad)

$\frac{4}{4}$  || 1 |  $\dot{\sloppy}$  5 | 1 6<sub>m7</sub> | 2<sub>m</sub> 5<sub>7</sub> |

| 1 6<sub>m</sub> | 2<sub>m</sub> | 4 5 | 1 5 ||

# Cultivate Joy

(Ballad)

**A**

**6**  
**8**

**1<sub>m</sub>**

**b7**

**b6**

**5**

**1<sub>m</sub>**

**b7**

**5**

**b7**

**5**

**1<sub>m</sub>**

**b7**

**5**

**5<sub>7</sub>**

**1<sub>m</sub>**

# Đã Về Đã Tới

(Ballad)

**A**

4  
4

1

1

3

2<sub>m</sub>

1

5

1

1

1

3

2<sub>m</sub>

5

5

1

**B**

2<sub>m</sub>

2<sub>m</sub>

5

5

5

5

1

**C**

4

4

1

1

3

5

1

2<sub>m</sub>

5

1

∕

5

1

1

# Danke Mutter Erde

Susanne Mössinger

(Ballad)

1	4	5	1	
6 <sub>m</sub>	2 <sub>m</sub>	5	1	
∴	4	5	1	
6 <sub>m</sub>	2 <sub>m</sub> 5	1	∴	

dear friends

(-)

$\frac{4}{4} \left( 1_m \quad b7 \quad \left| \quad 1_m \quad 5_m \right. \right)$

# Der Mond ist aufgegangen

Matthias Claudius, 1778

(-)

4/4: 5<sub>7</sub> 4 | 4<sub>6</sub>5<sub>7</sub>1 | 3<sub>7</sub> 4 | 2<sub>m</sub>5<sub>7</sub>1 |

| 6<sub>m</sub> 2<sub>m</sub>4 | 5 1 )

1.

2.

| 5<sub>7</sub> 1 ||

# Einfach Sein

Susanne Mössinger , Hr. Hartleb

(-)

$\frac{4}{4}$ 1	5	6 <sub>m</sub>	
2 <sub>m</sub>	∕.	5	∕.
1	5	6 <sub>m</sub> 4	
1	∕.	5	∕.

# em là hoa hồng nhỏ

(Ballad)

**A**

**2**  
**2**

1 | 3<sub>m</sub> | 5 | 1 || 1 | 4 | 2<sub>7</sub> | 5 ||

**A**

1 | 3<sub>m</sub> | 5 | 1 || 6<sub>m7</sub> | 4 | 5 | 1 ||

**B**

1 | 6<sub>m7</sub> | 3<sub>m</sub> | 6<sub>7</sub> | 1 6<sub>m</sub> 2<sub>m</sub> | 5 ||

**A**

1 | 3<sub>m</sub> | 5 | 1 || 6<sub>m7</sub> | 4 | 5 | 1 ||

**C**

1 | 3<sub>m</sub> | 5 | 6<sub>m7</sub> | 2<sub>m</sub> | 4 | 5 ||

1 | 3<sub>m</sub> | 5 | 1 { 6<sub>m7</sub> | 4 | 5 | 1 } :

# Every Breath

(Ballad)

**A**  
4/4

1	∕.	6 <sub>m</sub>	∕.	
4	5	1	∕.	)

**B**

4	∕.	1	∕.	
6 <sub>m</sub>	∕.	5	∕.	

**A**

1	∕.	6 <sub>m</sub>	∕.	
4	5	1	∕.	

# Following our breathing

Klaus Nagel

(-)

**A**

2 || 1 | 1 4 | 1 | 1 |

2 || 3 | 3 1 1 |

**B**

|| 5 | / | / | / |

5 |

**A**

1 4 | 1 | 1 |

3 1 3 |

**C**

|| 5 | 1 | 1 ||

5 | 1 |

Andere Version:

4 || 1 | 4 | 1 | / |

4 || | / | / | / ||

5 | / | / | / ||

|| 1 | 4 | 1 | / |

| 5 | / | 1 | / ||

# four elements. awaken spirit of the earth

Form: AAB AAB AAB AABBBB

(4 x)

(-)

in

|| 1<sub>m</sub> 4<sub>m</sub> | b7 | 1<sub>m</sub> ||

A

{ 1<sub>m</sub> | :/ | b7 | 1<sub>m</sub> }

Awaken spirit of the...

B

| b3 | 1<sub>m</sub> | b3 | 1<sub>m</sub> ||

I am home...

# Freedom of the Heart - I am a Cloud

(Ballad)

**A**

|| **1<sub>m</sub>** | **5** | **b6** | **b7** |

| **1<sub>m</sub>** | **5** | **b6** **b7** | **1<sub>m</sub>** ||

**B**

| **b3** | **b7** | **1<sub>m</sub>** | **5** |

| **1<sub>m</sub>** | **b7** | **b6** **b7** | **1<sub>m</sub>** |

# Freundlich kommst du mir entgegen

(Ballad)

$\frac{4}{4}$  || 1 6<sub>m</sub> | 4 5 | 2<sub>m</sub> 3<sub>m</sub> | 4 5 |  
| 2<sub>m</sub> 3<sub>m</sub> | 4 5 1 |

# Gatha for lighting a Candle

(W Thích Nhất Hạnh)

(-)

$\frac{4}{4}$  || 1 | 4 | 1 | 5 | |  
| 1 | 4 | 6<sub>m</sub> | 5 | 1 ||

**Gatha for Planting a Tree . I entrust myself .**  
(W Thích Nhất Hạnh/M Traditional)

(-)

**3**|| **1** | **6<sub>m</sub>** | **2<sub>m</sub>** | **1** | **6<sub>m</sub>** |  
**4**|| **3<sub>m</sub>** 4| **1** 5| **1** ||

# Go as a River / Đi Như Một Dòng Sông

(Ballad)

Bř. Pháp Thệ

**A**  
4/4

1 | 4 6<sub>m</sub> | 2<sub>m</sub> 4 | 5 1 ]

**B**

| 4 5 | 1 | 4 2<sub>m</sub> 5 | 1 |

| 4 1 | 4 1 5 ||

# Great Big Smile / Cười Với Thành Thang .i am a bird .... (-)

$\frac{4}{4}$  || 1 5 | 1 | 5 4 | 1 | |  
| 5 1 | 6<sub>m</sub> 3<sub>m</sub> | 1 4 1 5 | 1 ||

# Guten Abend in diesem Raum

(Ballad)

$\frac{4}{4}$  | 1 5 | 1 5 | 1 5 | 1 |

| 4 2<sub>m</sub> | 4 2<sub>m</sub> | 1 4 | 1 6<sub>m</sub> |

| 4 5 | 1 ||

Happiness is Here and Now / Ich komm an mit jedem Schritt / Hạnh Phúc Trong Phú (Ballad)

4 4 || 1 | 4 | 6<sub>m</sub> | 5 |  
5 5 5 5 5 5

| 4 | 5 | 1 | 6<sub>m</sub> | 5 7 1 |  
5 9 1 5 5 1

| | | | | |

# Here Is the Pure Land / Hier ist das Reine Land

(Ballad)

**A**  
4/4

**1<sub>m</sub>** | **5** | **b6** | **5** |

**1<sub>m</sub>** | **5** | **b6** | **5** ||

**B**

**1<sub>m</sub> b7 1<sub>m</sub>** | **b7 1<sub>m</sub>** | **b3** | **5** |

**4<sub>m</sub>** | **1<sub>m</sub>** | **b6 5** | **1<sub>m</sub>** ||

**C**

**5** | **1<sub>m</sub>** | **5** | **1<sub>m</sub>** |

**4<sub>m</sub>** | **1<sub>m</sub>** | **b6 5** | **1<sub>m</sub>** ||

# Hiếu và Thương

(-)

**A**  
4/4

1	∕.	5	∕.	
6 <sub>m</sub>	4	2 <sub>m</sub>	5	∕.

**B**

/

1	∕.	6 <sub>m</sub>	5	∕.
2 <sub>m</sub>	5	5 <sub>7</sub>	1	∕.
4	3 <sub>m</sub>	∕.	2 <sub>m</sub>	5
1	∕.			

Hiếu và Thương

# I Am Happy / Hạnh Phúc

(Ballad)

Sr Chân Không

**3/4** || **1** |  $\text{♯}$  | **6<sub>m</sub>** | **5** | **2<sub>m</sub>** |

**5** |  $\text{♯}$  | **1** |  $\text{♯}$  |  $\text{♯}$  |

**6<sub>m</sub>** | **5** | **2<sub>m</sub>** | **5** | **1** ||

# I am remembering (who i am)

(-)

$\frac{3}{4} \left( 1_m \quad | \quad {}^b 3 \quad | \quad {}^b 7 \quad | \quad 1_m \quad \right)$

# I HAVE ARRIVED / Angekommen

(Ballad)

**A** 4: 4: 1 | 2<sub>m</sub> | 5 | 1 |

**B** 1 1 1 1

**C** 3 3 3 5

5 ..7 1 3 5 5 ..7 1

4 | 5 | 6<sub>m</sub> | 5 |

1 5 1 6<sub>m</sub> 1 5 1

5 ..7 1 3 5 5 ..7 1

# I Like the Roses / Ich mag die Blumen / Em Yêu Hoa Hồng (-)

**( 1 6<sub>m</sub> | 2<sub>m</sub> 5 )**

# I Love Nature / Ich liebe die Natur

(Ballad)

**A**  
4/4: 1 4 | 1 x3 5 **B** 1 4 | 5 1 ||

# I Love You and Buddha Too

(Ballad)

<b>1</b>	<b>4</b>	<b>4</b>	<b>1</b>
<b>1</b>	<b>4</b>	<b>4</b>	<b>1</b>

# I Shall Be Released

Bob Dylan

(-)

**A**  
4/4  
4/4

1 | 2<sub>m</sub> | 3<sub>m</sub> 4 5 | 1 }  
|

**B**

| /: | 2<sub>m</sub> | 3<sub>m</sub> 4 5 | 1 |  
| /: | 2<sub>m</sub> | 3<sub>m</sub> 4 | 1 ||

# Ich habe Sonne in meinem Herzen

(Ballad)

**A**

1 | 5 | 1 5 | 1 |

**B**

1 4 | 1 | 5 1 | 5 ||

**A**

1 | 5 | 1 5 | 1 ||

(Ballad)

# Ich lad' die Freude zu mir ein

Susanne Mössinger

**4**/**4** || **1**   **5** | **6<sub>m</sub>**   | **2<sub>m</sub>**   | **5**   |

| **1**   **5** | **6<sub>m</sub>**   | **5**   | **5<sub>7</sub>**   ||

# Ich wünsch dir tiefen Frieden

(-)

**2** || **1** | **6<sub>m</sub>** | **2<sub>m</sub>** | **3<sub>m</sub>** | **6<sub>m</sub>** | **4** | **2<sub>m</sub>** | **3<sub>m</sub>** ||

# If it's not love you can let it all go

(-)

$\frac{4}{4}$   $1_m$

|

$\frac{3}{4}$

|

$b6$

|

$b7$

)

# Immer wieder neu

(Ballad)

{ 1		∕.		2 <sub>m</sub>		∕.	
5		∕.		1		1	}.

# In Gratitude / Giờ Đây Bên Nhau

(Ballad)

**A**

|| 1 | 4 | 1 | 57 |

3 1 5 5

| 1 | 4 | 1 | 57 | 1 |

1 1 5 5 1

**B**

| 1 | 4 | 5 | 57 | 1 |

5 6 1 5 1

| 1 5 ||

# In, Out, Deep, Slow

(Ballad)

1 5 | 4 1 | 4 1 | 5 1

1 1 3 5 1 3 5 1



(Free time / no time...)

# Joy

Sr Thệ Nghiêm

**A**

	1 4	6<sub>m</sub> 5	1		
1 6<sub>m</sub>		5	1 6<sub>m</sub> 6<sub>m</sub> 6<sub>m</sub>		
4 6<sub>m</sub>	4 5	5 1			

**B**

| 1 5 | 4 1 | 6<sub>m</sub> 5 | 1 | |  
| 1 | | | | |

**C**

|| 4 6<sub>m</sub> 5 | 1 | | 1 |  
|| 4 6<sub>m</sub> 5 | 1 | | ||





# Let Go Of The Shore

(-)

<b>6</b> <b>8</b>	<b>1<sub>m</sub></b>		<b>∕</b>	
<b>4<sub>m</sub></b>			<b>5<sub>sus</sub></b> <b>57</b>	
<b>1<sub>m</sub></b>			<b>6<sub>∅</sub></b>	
<b>b6</b>	<b>5<sub>sus</sub></b>		<b>1<sub>m</sub></b>	<b>)</b>

# Let Life Move Me

(-)

$\frac{4}{4}$ 1 <sub>--</sub>	∕.	∕.	∕.
4 <sub>m</sub>	∕.	5 <sub>m</sub> 1 <sub>m</sub>	∕.
1 <sub>m</sub>	b3	4 <sub>m</sub> 5 <sub>m</sub>	1 <sub>m</sub>
1 <sub>m</sub>	b3	4 <sub>m</sub> 5 <sub>m</sub>	1 <sub>m</sub> 5 <sub>7</sub> }

# Let the Buddha Walk with you

Joseph Emet

(-)

**4**/**4** || **1** | **3<sub>m</sub>** **6<sub>m7</sub>** | **2<sub>m7</sub>** | **5** |

| **3<sub>m</sub>** | **6<sub>m7</sub>** | **4** **5** | **1** ||

# Love the life you live

(Carter fam. picking style (quint in bass)

-

|| 1 | 6<sub>m</sub> | 4 | 5 5<sub>7</sub> ||

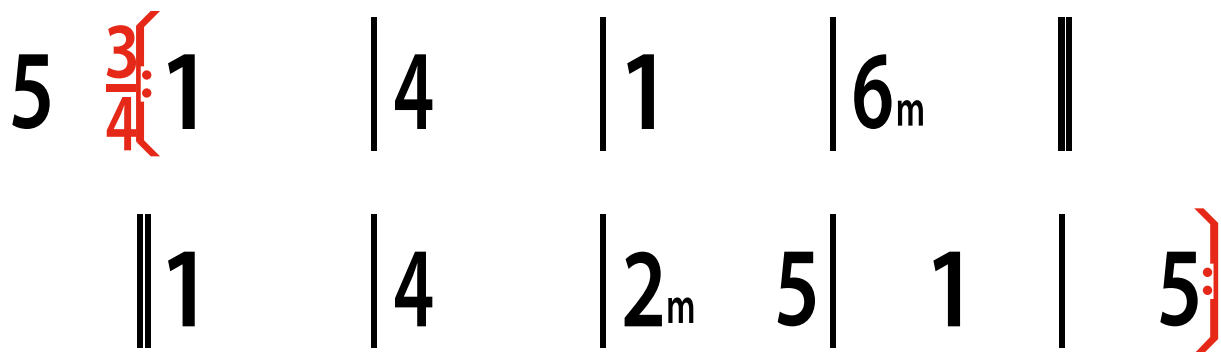
# May the Day be Well (for children)

(-)

$\frac{4}{4}$	1	5	4	1	
	$\frac{\cdot}{\cdot}$	5	4	5	1

# Metta Meditation . May i be filled...

(-)



# The Mind is a Clear Blue Sky

Betsy Rose

(-)

4/4 6<sub>m</sub> 5 | 1 |

3<sub>m</sub> 6<sub>m</sub> | 5 1 | 6<sub>m</sub> 5 | 1 ||

# Mögen alle meine Gedanken

Susanne Mössinger

(-)

4/4 || 1 | 5 | 5 7 | 1 | |  
| 1 7 | 4 | 1 | 5 | ||

Version 2:

4/4 { 1 5 | 4 5 1 | 1 4 | 1 5 }  
3 65 1 7 3 5 21 3 5

(Ballad)

# Morning Has Broken

Eleanor Farjeon

**A**

3  
8

1

2<sub>m</sub>

5

4

1

∴

3<sub>m</sub>

6<sub>m</sub>

2<sub>7</sub>

5<sub>7</sub>

∴

∴

**B**

1

4

∴

1

6<sub>m</sub>

2

5

1

4

5<sub>7</sub>

1

∴

# Mother Earthship

(-)

$\frac{2}{2}$	$1_m$	$b3$	$4_m$	$5_m$	$1_m$	$5_m$	$1_m$	
	$b3$		$4_m$	$5_m$	$1_m$	$5_m$	$1_m$	
	$b3$		$4_m$		$5_m$		$1_m$	$5_m$
	$1_m$	$b3$	$4_m$	$5_m$	$1_m$	$5_m$	$1_m$	$5_m$
	$1_m$			$\div$				

# Move a Mountain

Br Bảo Tạng

(-)

$\frac{4}{4}$	<b>1</b>	<b>1</b> <sub>b7</sub>	<b>6<sub>m</sub></b>	<b>4</b>	<b>5</b>	<b>1</b>	
	<b>6<sub>m</sub></b>	<b>2<sub>m</sub></b>	<b>4</b>	<b>5</b>	<b>1</b>		

# Namo Valo

(Ballad)

**A**  
6/8

1

♩

♩

♩

5

♩

**B**

3<sub>m</sub>

6<sub>m</sub>

4

5

1

♩

No Coming, No Going / Kein Kommen, kein Gehen / Không Đến Không Đi  
 (Ballad)

**A**

<b>3</b> <b>4</b>	<b>1</b>	<b>1</b>	<b>5</b>	<b>1</b>	<b>4</b>
3		1	1	<b>B</b> <sup>3</sup>	3
<b>1</b>	<b>2<sub>m</sub></b>	<b>5</b>	<b>1</b>	<b>2<sub>m</sub></b>	<b>5</b>
Δ7	5	3	1 3	3	3
<b>5</b>	<b>3<sub>m</sub></b>	<b>6</b>	<b>2<sub>m</sub></b>	<b>5</b>	<b>1</b>
5	3	5		<b>6<sub>m</sub></b>	<b>5</b>
<b>1</b>					

# Now i walk in beauty

(-)

$\frac{4}{4}$   $1_m$   $b7$  |  $1_m$  |  $\cdot$   $b3$  |  $b7$   $5$  ||

(-)

# Peacefully Free

Sr Triều Nghiêm

$\frac{4}{4}$  4 1 3<sub>m</sub> 5 2<sub>m</sub> 1 ||

# pebble meditation . flower fresh , mountain solid

(-) Charity Kahn . <https://www.jamjamjam.com/> AB AB AB AB C

**A**  
4:4  
4:4

1 4<sub>sus2</sub> | 1 4<sub>sus2</sub> | 1 4<sub>sus2</sub> | 5<sub>sus4</sub> 4<sub>sus2</sub> )

1.

2.

1 4<sub>sus2</sub> | 1 4<sub>sus2</sub> |

**B**

2 4 | 1 5 | 2 4 | 1 5 |

2 4 | 1 4<sub>sus2</sub> 1 4<sub>sus2</sub> ||

**C**

6<sub>m</sub> 1 | 2 4 )

play 6x

|| 1 4 | 5<sub>sus4</sub> ( 1 4<sub>sus2</sub> 1 4<sub>sus2</sub> )

Please Call Me by My True Names / Nenne meine wahren Namen / Hãy Gọi Đúng Tên  
(Ballad)

**A**

$\frac{4}{4}$  |  $1_m$  |  $\text{♯}$  |  $4_m$   $b7$  |  $b3$   $b6$   $5$  |

|  $1_m$  |  $\text{♯}$  |  $4_m$   $b7$  |  $b6$   $5$   $1_m$  ||

**B**

|  $b3$  |  $b7$  |  $5_7$  |  $1_m$  |

|  $b6$  |  $b7$  |  $5_7$  |  $1_m$  |

|  $b7$   $5_7$  |  $1_m$  ||

# The rain on the leaves

Pham Duy . AABBAAC

(-)  
A  
3  
4

1	6 <sub>m</sub>	2 <sub>m</sub>	5
---	----------------	----------------	---

1	6 <sub>m</sub>	5	1 5 <sub>7</sub> } 1.
---	----------------	---	--------------------------

5 <sub>7</sub>	1 1 <sub>7</sub>
----------------	------------------

B  
4

4	2 <sub>m</sub>	1	5
---	----------------	---	---

4	2 <sub>m</sub>	5 <sub>9</sub>	1 1 <sub>7</sub> } 1.
---	----------------	----------------	--------------------------

6 <sub>m</sub>	1
----------------	---

C  
1

1	<sup>b</sup> 6	4	6 <sub>m</sub> } 1.
---	----------------	---	------------------------

# The realm of the mind

(-)

$\frac{4}{4}$   $1_m$

$\frac{\cdot}{\cdot}$

4

5

$1_m$

$1_m$   
 $\frac{\cdot}{b7}$

$b6$

5

$1_m$

# Reich mir die Hand für den Frieden

(-)

**6**  
**8** | **1**<sub>m</sub>

| **4**<sub>m</sub>

| **5**<sub>m</sub>

| **1**<sub>m</sub>

| **3**<sub>m</sub>

# Reviens en toi

Form ABA

(-)

**A**

**6/8** || **1<sub>m</sub> 5** | **1<sub>m</sub> 5** | **b6 b7 5** | **1<sub>m</sub>** ||

**B**

|| **1<sub>m</sub> 4<sub>m</sub>** | **1<sub>m</sub> 4<sub>m</sub>** | **b3 4<sub>m</sub>5** ||  
<sub>6</sub>

**A**

|| **1<sub>m</sub> 5** | **1<sub>m</sub> 5** | **b6 b7 5** | **1<sub>m</sub>** ||

# The River is Flowing

(Ballad)

$\frac{4}{4}$   $1_m$  |  $b7$   $1_m$   $\vdots$

# Silence is an ocean

(-)

-

|| **1**<sub>m</sub>

| **4**<sub>m</sub> **b7**

| **1**<sub>m</sub> **b3**

| **4**<sub>m</sub> **5**<sub>m</sub> ||

# Simple Things

(-)

**A**

**4**  
**4**

**1<sub>m</sub>**

**b3**

**b7**

**1<sub>m</sub>**

**1<sub>m</sub>**

**b3**

**4**

**5**

**1<sub>m</sub>**

**b3**

**4**

**5<sub>7</sub>**

**1<sub>m</sub>**

**B**

**1<sub>m</sub>**

**b3**

**4**

**5<sub>7</sub>**

**1<sub>m</sub>**

**1<sub>m</sub>**

**b3**

**b7**

**1<sub>m</sub>**

# The Six Mantras

Thích Nhất Hạnh, Sr Châu Nghiêm

(-)

$\frac{4}{4}$ 1	∕.	∕.	5
2 <sub>m</sub>	6 <sub>m</sub>	1 5	4 5 1

# The Smile

Sr Chân Không. Chord arrangement Br Khiet Tam

(Free time / no time...)

**A**

**6/8**

**1<sub>m</sub>**

**5**

**| b6**

**5**

**| b3**

**b7**

**| 4<sub>m</sub>**

**5**

**B**

**| b6**

**4<sub>m</sub> b7**

**| 4<sub>m</sub>**

**b7 1<sub>m</sub>**

**| 4<sub>m</sub>**

**5**

**| 1<sub>m</sub>**

**5**

# Song of Gratitude

(Ballad)

Unbekannt

**A** { 1 | 5 | 57 | 1 } :

**B** || 4 | 1 | 5 | 1 |

| 1 ||

# The Song of the Wind

Eveline Beumkes

(-)

$\frac{2}{2}$  ||  $1_m 5$  |  $1_m \flat 7$  |  $1_m$  |  $\cdot /$  |  $5$  |  $1_m$  |  $4_m$  |  $\cdot /$  ||

|  $1_m \flat 7$  |  $4_m 1_m$  |  $4_m 5_m$  |  $1_m \overset{\cdot}{\curvearrowright} \flat 7$  |  $1_m$  ||

# Standing Like a Tree . Ich stehe wie ein Baum

(Ballad)

Betsy Rose

1 <sub>m</sub>	b7	1 <sub>m</sub>	b3	b7	5	
1 <sub>m</sub>	b3	4			5	

# Take Your Time

(Ballad)

**A**  $1_m$  5 |  $b3$   $b7$  |  $1_m$  5 |  $b3$   $b7_7$  ||

**B** ||  $b3$   $b7$  |  $1_m$  5 |  $b6$   $b7$  |  $b6$   $b7_7$  |

# There is true joy . Love Joy Peace

(-)

4/4 || 1 5 | 1 4 | 1 |

| 4 | 1 6<sub>m</sub> | 2<sub>m</sub> 5<sub>7</sub> | 1 5 ||

# This Is It

(-)

6  
8  
1

1

4

5

||

1

4

5

||

A

1

4

5

||

1

4

5

||

1

4

5

4

5

||

1

4

5

||

1

4

5

||

Last time: end on tonic

# The Three Refuges Song

(Thích Nhất Hạnh / Betsy Rose)

(Ballad)

4/4 1 6<sub>m</sub> 5 | 4 | 5<sub>7</sub> |

| 1 6<sub>m</sub> 4 | 1 5 | 1 |

| 5<sub>7</sub> } |

|| 1 | 1 | 1 ||

# Together we have a future

PV brothers and sisters

(-)  
**A**  
4:4:

1	3 <sub>m</sub>	4	5	6 <sub>m</sub>	5	4	5
6 <sub>m</sub>	3 <sub>m</sub>	5	1	6 <sub>m</sub>	2	5	5 <sub>7</sub>

**B**

6 <sub>m</sub>	3 <sub>m</sub>	4	5	1	6 <sub>m</sub>	2	5

1.

2.

# Trommle mein Herz

(Ballad)

$\frac{6}{8}$  **1**<sub>m</sub>

| **4**<sub>m</sub>

| **5**<sub>m</sub>

| **1**<sub>m</sub>

)

(-)

**A**  
4  
4

1 6<sub>m</sub> | 4 5 1 | 1 | 6<sub>m</sub> 4 5 |

**B**

| 1 4 5 | 1 || 6<sub>m</sub> 3<sub>m</sub> | 4 1 |

| 6<sub>m</sub> 5 4 5 | 1 ||

# unborn and indestructible

Br Phap Linh

(Ballad)

**A**

$\frac{4}{4}$   $6_m$

| 4

|  $6_{m7}$

| 5

| 4

| 5

| 1

**B**

| 5

| 1

| 5

|  $3_m$

| 4 5

|  $3_m$

| 4

|  $2_m$

| 5

| 1 5

# Wake Up

Joe Reilly & Sr Trăng Hái Ấn

(-)

$\frac{4}{4}$  1 5 | 4 5 ]

# Walking meditation"- poem . Our walk is a peace walk

(-)

1	3 <sub>m</sub>	4	5
6 <sub>m</sub> 3 <sub>m</sub>	4 3 <sub>m</sub>	2 <sub>m</sub>	2 <sub>m7</sub>
4 5	2 <sub>m</sub>	4 5	1 5
6 <sub>m</sub> 3 <sub>m</sub>	1	4 5	1
4 3 <sub>m</sub>	4 3 <sub>m</sub>	2 <sub>m</sub> 4	1
4 3 <sub>m</sub>	2 <sub>m</sub> 4 5	1	

# Walking Meditation Gatha

(-)

$\frac{3}{4}$	1	∕	4	∕	
5	5 <sub>7</sub>	1	5 <sub>7</sub>	1	

# We Are All the Leaves of One Tree

(-)

**A**  
4  
4

**1<sub>m</sub>** **b7** | **1<sub>m</sub>** | **1<sub>m</sub>** **b7** | **1<sub>m</sub>** |

**B**

**b3** **b7** | **1<sub>m</sub>** **5** | **1<sub>m</sub>** **b7** | **1<sub>m</sub>** ||

# We are moving

(Ballad)

{ 1 | 2<sub>m</sub> | 5 | 1 }

# We are opening up our hearts and minds

(-)

$\frac{4}{4}$   $\frac{4}{4}$   $1_m$

|

$\frac{\cdot}{\cdot}$

|

$\frac{b}{7}$

|

$\frac{\cdot}{\cdot}$

)

# We shall overcome

Traditional

(-)

**4/4** || 1 4 | 1 | 4 | 1 |

| ♯ 4 5 | 6<sub>m</sub> 2 | 5 2 | 5 5<sub>7</sub> |

| 4 | 1 | 4 5<sub>7</sub> | 6<sub>m</sub> |

| 1 4 | 1 5<sub>7</sub> | 1 | ♯ ||

# When I Walk

(-)

$\frac{4}{4}$   $\{ 1_m \quad 4_m \quad | \flat 7_7 \quad \flat 3 \quad | 1_m \quad \flat 7 \quad | 5_7 \quad 1_m \} :$

# Willkommen was in mir singt

(Ballad)

$\frac{4}{4}$  || 1 5 | 1 | 4 1 | 5 |

| 4 2<sub>m</sub> | 1 6<sub>m</sub> | 2<sub>m</sub> 5 | 1 1<sub>7</sub> |

| 4 2<sub>m</sub> | 1 6<sub>m</sub> | 4 5 | 1 ||

# You Are a Buddha

(-)

$\frac{4}{4} \{ 1 \quad | 6_m \quad | 4 \quad 5 | 1 \quad 5 \}$

# You are a Buddha to me

AABBAA repeat 1x

(-)

**A**  
4  
4

1	5	4	6 <sub>m</sub>
---	---	---	----------------

4	1	4	1
---	---	---	---

This is our

**B**

4	5	2 <sub>m</sub>	5
---	---	----------------	---

way....

6 <sub>m</sub>	∕.		
----------------	----	--	--

2.

6 <sub>m</sub>	∕.	∕∕.	
----------------	----	-----	--

1	4 3 2 3
---	---------

Outro: Repeat a few times